

CYO TRACK RECORDS

Boys Records

Date	Event	Name	School	Time/Distance
1980	Shot Put	Saffa, Dan	Ss. Peter & Paul	48' 3-3/4"
2004	Discus	Chorba, Jason	St. John Bosco	137'3"
1967	Long Jump	Grogan, R	St. Mary Crown Point	19'5"
1984	High Jump	Danielson, Kevin	St. John Baptist	5'8"
2016	100 M	Smiser, Collin	St. Mary Crown Point	:11.97
1997	200 M	Cole, Darnell	St. Mary Griffith	:24.23
2006	400 M	Upshaw, Scott	Bishop Noll	:56.13
1980	800 M	Griggs, Dave	St. Stanislaus	02:11.3
1989	1600 M	Silva, Alex	O. L. P. H.	04:58.3
1985	400 M Relay		Holy Trinity	:49.55
1986	800 M Relay		Holy Trinity	01:45.1
2010	1600 M Relay		St. Thomas More	04:15.8

Girls Records

Date	Event	Name	School	Time/Distance
1982	Shot Put	Werkowski, Amy	St. Catherine of Siena	37' 10-1/8"
1983	Discus	Gelon, Dawn	St. John Evangelist	91'6"
1989	Long Jump	Dennie, Angela	Holy Angels	15'9"
1994	High Jump	Komara, Kelly	St. Michael	5'2"
2017	100 M	Emma Smiser	St. Mary Crown Point	:12.66
1985	200 M	Burden, Missy	St. Joseph	:27.6
1983	400 M	McQuire, Ann	Ss. Peter & Paul	01:02.5
1984	800 M	Wadas, Amy	St. Thomas More	02:31.9
1983	1600 M	McMahon, Frances	St. Mary Crown Point	05:25.7
1983	400 M Relay		Ss. Peter & Paul	:55.5
1981	800 M Relay		St. Casimir	01:56.8
2006	1600 M Relay		St. Thomas More	04:35.4